### **SERVICES**

### SUNDAY

Eucharist with hymns 8:00 am

9:00 am Fellowship

9:15 am Education for Adults,

Youth, and Children's

Service Team

Education for Children 10:15 am

Choral Eucharist 10:30 am

11:45 am Fellowship

### MONDAY AND SATURDAY

9:00 am Centering Prayer, Chapel

## **MUSIC** REHEARSALS

#### **CHORISTERS**

Tuesdays, 4:30-5:30 pm

SCHOLA CANTORUM

Tuesdays, 5:45-7:00 pm

### ST. THOMAS CHOIR

Thursdays, 7:15 pm Sundays, 9:30 am

### CALENDAR

### SEP 3

Labor Day, Office is Closed

#### SEP 9

11:30 am, Homecoming Fair, Great Hall

5:00 pm, Youth Fall Kick-Off Event, Hayes Youth Center

#### SEP 15

Suicide Prevention & Awareness Class, Great Hall

### SEP<sub>19</sub>

4:30 pm, Wednesdays @ St. Thomas begins Ebsworth Life Center

#### SEP 22

7:30 pm, Chamber Concert: Voice & Guitar, Chapel

#### SEP 23

5:00 pm, Middle School Youth Group, Hayes Youth Center

5:00 pm, Adopt @ St. Thomas, Hayes Youth Center

#### SEP<sub>30</sub>

4:00 pm, St. Francis Day: Blessing of the Animals, Chapel

# 

### September 2018

St. Thomas Episcopal Church • P. O. Box 124 • Medina, WA 98039 425.454.9541 • www.stthomasmedina.org

### FROM THE RECTOR

### I'm Baaack!

By The Rev. Lex Breckinridge

That's right. Just like Arnold Schwarzenegger in Terminator 2, I'm back. Or more accurately, we are back. Zonnie and I are back from four months of refreshment, renewal, rejuvenation, and blessed rest.

Our sabbatical time was pretty darn wonderful. Hiking the beautiful hill towns of the Amalfi Coast below Naples. Exploring Portugal from Lisbon to the Douro Valley to the surprising city of Porto. And then striking out from Porto to become pilgrims on the ancient Camino Portugues. On that journey of 170 miles that we covered in 12 days, walking in the company of fellow pilgrims from all over the world, we set out for the Spanish city of Santiago de Compostela and the Cathedral in Santiago where the remains of the Apostle James are said to be interred. We were following an ancient route walked by pilgrims for a thousand years. Through fields and forests, along country lanes bounded by medieval walls, passing by towns and villages, we followed the blue and yellow clam shell way markers pointing us toward Santiago and journey's end step by step, hour by hour, day by day. Rain or shine, we walked, thought, prayed, held hands, laughed, had a glass or two of wine, and made friendships with fellow pilgrims that will last beyond journey's end. Remarkable. Transformative.

We spent most of July on the Sunshine Coast of British Columbia in a cottage by the water in Gibsons, a ferry ride from Vancouver but really in a different world. We hiked almost the entire Lower Coast during those weeks. The country side is spectacular and exhilarating and the people we met, much like our fellow pilgrims on the Camino, were unfailingly kind and generous and just delightful. It was a time of peace and contemplation and awe-filled appreciation for the majesty of the Created Order.

When we returned to Bellevue in late July, our children and grandchildren traveled from New Orleans and Austin and the Greenwood neighborhood of Seattle to join us in a large house in Leavenworth for a true family reunion. The eleven of us shared a time that was joyous, chaotic, and filled with love and laughter.

And now we are back home with our St. Thomas family, and looking forward to the days and months and years to come here among you. And we do have a lot to look forward to. I'm so pleased to welcome our new Senior Associate, Sarah Butler Ginolfi, who joins us from St Paul's, Indianapolis. Sarah is a gifted priest and a joyful, bright, high-energy, grace-filled presence. Sarah loves Jesus and she's eager to share that love and everything it means to love Jesus with us. I can't wait for you to meet her. We are also rolling out a new Wednesday evening program in September

[continued on page 2]

SEPTEMBER 2018

#### FROM THE RECTOR

[continued from page 1]

that promises to be engaging for the whole community. Music rehearsals for all ages move to Wednesday night, a family meal will be offered, and there will be varied programing for children, youth, and adults. Our aim is for Wednesday night to become Family Night at St. Thomas. And did you know that this year marks the 75<sup>th</sup> anniversary of the founding of a Sunday School in a boathouse in Medina which went on to become St. Thomas Parish? We will be marking this important date and celebrating 75 years of faithful ministry to this community with a Boathouse Ball to be held on Saturday, October 13. What a great occasion for us to honor our past, celebrate those on whose shoulders we stand, and look towards the future.

Faithfully,





# LORD, HEAR OUR PRAYER

# The Power of Prayer at St. Thomas Church

Everyone is welcome to join the St. Thomas "virtual" Prayer Circle. This group receives praises and prayer requests from St. Thomas via email once or twice a week. Participation is simple: read the prayer requests and hold the members of your community in prayer. To join, send a request to <a href="mailto:prayer@stthomasmedina.org">prayer@stthomasmedina.org</a> or contact a member of the church staff and ask to be added to the Prayer Circle.

Are you facing a challenge or want to share a thanksgiving? Let your church pray for you! Send your prayer request to <a href="mailto:prayer@stthomasmedina.org">prayer@stthomasmedina.org</a> so that members of the St. Thomas Prayer Circle can offer prayers on your behalf.

To have a name included in the Prayers of the People during worship each week, contact the Rev. Steve Best at <a href="mailto:steve@stthomasmedina.org">steve@stthomasmedina.org</a> with the name of the individual in need of comfort and healing or with the name of a recently deceased family member or friend.

Almighty God, who has promised to hear the cries of all who ask in the name of Jesus, we pray for your listening mercies as we offer our prayers and praises to you. Grant us what we need, according to your will and to your glory. Through Jesus Christ our Lord. Amen.

# SUICIDE: WARNING SIGNS AND HOW TO RESPOND

Sponsored by the Diocese of Olympia's Mental Health Task Force

Many of us have been through dark times, or watched others suffer. We don't always know how or when that darkness might lead to suicide. As a society, we're becoming more aware of mental health, mental illness, and suicide through the news and social media exposing these issues and allowing us the opportunity to respond and help. What does real help look like? It can feel awkward or scary when we don't know what to do. This training will give practical, simple steps that genuinely help, facilitated by Renee Cox, LMHC, MA, MS

This workshop will focus on:

- warning signs and symptoms of suicidal thinking and actions;
- suicide prevention;
- risk groups for suicide and suicidal behaviors; and
- intervention:
  - how to talk to the person that you suspect is feeling this way;
  - how to most appropriately respond and intervene;
  - appropriate treatments.

WHEN: Saturday, September 15 from 9:00 am to 11:00 am.

Sign-in starts at 8:30 am.

WHERE: St. Thomas in the Great Hall

**COST:** Only \$10 per person, made payable to Diocese of Olympia c/o Elizabeth Myers, 1551 10th Ave E, Seattle, WA 98102

**REGISTER:** http://bit.ly/ecww-SuicideWarningSigns20180915

# THE CHURCH OFFICE WILL BE CLOSED

MONDAY, SEPTEMBER 3 FOR LABOR DAY

We will resume normal office hours on Tuesday, September 4.

# FALL ANNOUNCEMENTS

# 10TH ANNUAL ST. THOMAS SCRAMBLE **GOLF TOURNAMENT**

Golfer of all skill levels are invited to join us for a day of fun at 12:00 pm on Saturday, September 15, at Snoqualmie Falls gold course in Fall City. Cost is \$50 per golfer, plus \$14 if you want to use a power cart. Contact Larry Loranger (llorang3@ comcast.net, 206.390.7220) for more information.



### MINISTRIES AND FELLOWSHIP GROUPS' OPEN HOUSE

Food truck, bubbles, face-painting & more!

Join us as we kick off the new program year with an open house featuring our varied Ministries and Fellowship Groups at the Homecoming Fair! Take a stroll around the Great Hall to learn about the different groups at St. Thomas and where you might be able to connect or lend a hand. In addition to a smorgasbord of opportunities, we'll have a food truck, a giant bubble-making station, face painting and more!

RSVP on our website: www.stthomasmedina.org





Parishioners and neighbors are invited to bring their beloved pets to St. Thomas on Sunday, September 30 at 4:00 pm. We'll kick-off the event with a visit from Seattle Humane society's MaxMobile Adoption Van. We'll continue with a "pet show and tell" program and will conclude with a lively liturgy honoring Saint Francis and his legacy of love for all of God's creation. All creeds, all breeds, no dogmas allowed!

This event is free. Donations of unopened cans & bags of pet food, new pet toys and kitty litter are heartily encouraged!

RSVP on our website: www.stthomasmedina.org



SEPTEMBER 2018 3

# Wednesdays @ST. THOMAS



CONNECTIONS | ENRICHMENT | COMMUNITY

**2018 Fall Quarter Preview** 



## **Wednesday Night Schedule**

- 1st period, 5:15pm 6:10pm
- Dinner, 6:15pm 7:10pm
- 2nd period, 7:15pm 8:10pm
- 3rd period, 8:15pm 9:00pm

# **Community Dinners**

Good food, great company!

Wednesdays @ St. Thomas feature community dinners from 6:15pm-7:10pm. The buffet-style meal will be served in the Great Hall.

\$10.00 per person.

### St. Thomas Choirs

St. Thomas' adult choir, Choristers and Schola Cantorum will each meet on Wednesday evenings. If you'd like to join the adult choir or sign up your child for our choral program, you may email Doug Cleveland, at DougC@stthomasmedina.org to schedule an audition or receive additional information.

# Wednesdays @ST. THOMAS

# Evenings that work for the entire family.

Wednesdays @ St Thomas have been designed to work for a variety of schedules. You may drop-in for one class, simply come for dinner, or spend the entire evening exploring all of the options that we have to offer. Parents of choristers may choose to relax with a Centering Prayer session while their kids sing. Little ones may enjoy time in the nursery while their caregivers unwind with a game of cornhole before dinner. You can join friends, family and new acquaintances for a meal and let someone else do the cooking and cleaning! Come to the Ebsworth Life Center on Wednesday nights to connect with your neighbors, enrich your mind, and build community.

# Something\* for everyone.

Gentle Yoga \* Choristers \* Grace-Filled Aging with Father Steve \* Centering Prayer \* Homework Room + Snacks \* Kids Crafts \* Knitting Guild \* Improv with Mother Sarah \* Adult Forum with Father Lex \* Schola Cantorum \* Sharing our Stories \* Exploring the Intersection of Faith & Life \* Tolkien & Lewis: Meeting God in our Friendships \* Adult Choir \* Cornhole League \* and more!

**FALL QUARTER DATES:** 

September 19, 26

October 3, 10, 17, 24

November 7, 14

\*Offerings may vary each quarter.

SEPTEMBER 2018 5

# YOUTH @ ST. THOMAS

# A GREAT YEAR AHEAD FOR CHILDREN AT ST. THOMAS!

Excitement is in the air as the many volunteers who work with our children's programs are preparing for a wonderful and wonder-filled program year at St. Thomas! Childcare providers, storytellers, shepherds, leaders and mentors are all looking forward to welcoming the children beginning Sunday, September 9th.

Childcare for our littlest ones (ages three and younger), is provided by Maria on Sundays beginning at 9:00 am in the Childcare Center located on the first floor in the northwest corner of the Ebsworth Life Center.

Service Team begins at 9:15 am in the Kids' Club room, located on the west side of the second floor. In Service Team, Kids' Club and Godly Play children work together on service projects for our community and beyond.

Godly Play begins at 10:15 in the Godly Play rooms on the second floor in the northwest corner of the ELC. Children ages 4 through 2<sup>nd</sup> grade are welcome in Godly Play, a Montessori-based curriculum designed to immerse children in Bible stories where they can experience God, discover their innately spiritual nature, and wonder together about the marvelous things God is doing! As always, children join their families in church when it's time for Communion.

Kids' Club (grades 3-5) begins another fantastic year with the Spark Rotation program that uses video, computer labs, drama, cooking, art, music, science and bible skills & games to open minds and hearts to the riches of God's love and great stories. Kids' Club begins at 10:15 in the Kids' Club room located on the west side of the second floor of the ELC. Kids' Club kids join their families in church when it's time for communion.

We're thrilled about our children's programs and look forward to welcoming your children! If you have questions or would like information about volunteering or about our children's programs, please contact <a href="mailto:lisalynn@stthomasmedina.org">lisalynn@stthomasmedina.org</a>.

Our children's programs require many volunteers and we hope that you'll consider offering to spend an occasional faith formation hour in one of our classrooms. You'll find that what you give is far outweighed by the gift of being with our young ones as the wonder and mystery of God's great love comes alive in them. If you have questions or would like information about volunteering or our children's programs, please contact Lisalynn Reed at <a href="mailto:lisalynn@stthomasmedina.org">lisalynn@stthomasmedina.org</a>



# CHILDREN'S FORMATION

Registration for Fall Children's Faith Formation has begun! Registering provides the adults working with your children important information about everything from their family contact information to their food allegeries, and allows us to properly plan for their participation. Please register your children in the Kids' Club or Godly Play rooms with the blue form. These forms will also be available at Homecoming Fair on Sunday, September 9 at 11:30 am. Contact Lisalynn Reed at lisalynn@stthomasmedina.org or 425-454-9541.

## YOUTH CHOIRS

St. Thomas Youth Choir rehearsals are now on Wednesdays! They begin on Wednesday, September 5 in the Chapel.

Chorister rehearsals for the 2018-2019 season are as follows:

- Choristers (beginning/intermediate singers): Wednesdays from 5:15 pm to 6:15 pm
- Schola Cantorum (advanced singers): Wednesdays from 7:15 pm to 8:15 pm

Both groups sing during the 10:30 am service on the second Sunday of each month, with a rehearsal from 10:00 am to noon the preceding Saturday.

We are always excited to welcome new singers! If your child is interested in singing with a youth choir at St. Thomas, please email Tim Blok, tim@stthomasmedina.org for more information.

# ST. THOMAS

# SEPTEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

09/09 (9:15 AM): Homecoming Fair—Youth Formation

**09/09** (5:30-7:30 PM): Youth Kick-Off, **All Grades** + Parent Meeting (5:30-6 PM)

**09/19** (5:15-9 PM): Wednesdays @ St. Thomas—Series Launch + Confirmation Begins for Grades 9 and Up (7:15-9 PM)

09/30 (1-4 PM): CROP Hunger Walk





Grades 9-12 | Wednesdays 7:15-8:30 September 19-March 13

# Student Spottight!

### Sophie Crane

Lake Washington High, 2019

# How did you become involved with Youth @ St. Thomas?

While looking for a church home, my Mom and I decided to visit St. Thomas and attend a service. After the service, a friend gave me a tour around the youth center, where I was introduced to Brian. Brian immediately asked me if I would come to the middle school retreat with them and of course I just had to say yes! Ever since then I've felt at home with all of the people involved in the youth program at St. Thomas.

# What's been one of your favorite memories from your time as a youth so far?

My favorite memory has to be the mission trip to Guatemala. I learned so much and was incredibly humbled by the people of Safe Passage, but I also grew so close to all of the kids and adults who were there with me.

What are you most looking forward to in your Senior year? Finding out where I'm going to college! That moment will definitely make all my work on the applications worth it.

What's something about you that people may not know? I come from a family of oyster farmers! My grandfather worked in the bay from when he was 13 to when he retired at 88.

SEPTEMBER 2018 7

### WE BELONG TO EACH OTHER

Almighty and everliving God, ruler of all things in heaven and on earth, hear our prayers for this parish family. Strengthen the faithful, arouse the careless, and restore the penitent. Grant us all things necessary for our common life, and bring us all to be of one heart and mind within your holy Church; through Jesus Christ our Lord. Amen.

— A Prayer for the Parish, Book of Common Prayer, page 817

I have been standing up during the announcement segment of our Sunday services and inviting each of us to look around and see who is missing and, when possible, to "be the church" to our fellow parishioners. I've tried to explain that this outreach should be done in a way that is mostly comfortable for the one initiating the contact. (I do realize this is an Episcopal congregation in the PNW, so asking folks to reach out to each other is already pushing many of us outside our comfort zone.) However, be encouraged that caring for one another tends to bless all involved! It can be done simply, using whatever means of communication is easiest. If you notice that a friend or acquaintance from church has been missing, or you feel a sense of gratitude or care for someone

(in my experience, this is often a nudge from the Spirit,) I encourage you to send an email, place a phone call, schedule a visit, send a text, or put a card in the mail.

Over the next few weeks and months I will be offering information and suggestions about additional ways we can "be the church" both to each other and in the world. One simple but foundational way to care for each other is to hold each other in prayer.

- Each week on the back of the Wrapper that surrounds our Order of Worship are the names of individuals in need of prayer. Take it home with you each Sunday and put it somewhere you will see it often. Pausing in our busy lives for the minute or two it takes to read each name and simply hold them up to God will transform the way we connect with one another.
- St. Thomas has a prayer network that operates via email. Anyone is welcome (and encouraged) to join the list by sending a request to join to prayer@stthomasmedina.org or by contacting a member of the church staff and asking to be added. Reading the prayer requests that come to the list will broaden your

- heart for your fellow Christians.
- Prayers are powerful when offered for others, but also when we allow ourselves to receive! Please let your church pray for you. If you are facing a challenge or want to share a thanksgiving, send a prayer request to prayer@stthomasmedina.org so that members of St. Thomas church can offer prayers on your behalf. To be included in the prayers of the people during worship each week, contact the Rev. Steve Best at steve@stthomasmedina.org with the name/s of the individuals in need of comfort and healing or with the name of a recently deceased family member or friend.

What a warm, welcoming and loving community we have here at St. Thomas – it truly is a special place! Thank you for all you do to care for one another. I look forward to continuing to grow in faith alongside each one of you as we seek and serve Christ together.

— Sunni Bannon Interim Associate for Pastoral Care sunni@stthomasmedina.org



# ST. THOMAS **EPISCOPAL** CHURCH

### Vestry

Michael Greenberg, Senior Warden David Paranchych, Junior Warden Fred Barkman, Treasurer Andrea Sato-Borgmann, Chancellor Pat Hughes, Clerk Amy Lorimer, St. Thomas School Rep.

Class of 2021 Class of 2019 Mike Allert Anne Bentley Jim Hughes Trish Evison Mark Nelson Bonnie Grant Fred McConkey Class of 2020 Yvonne Lamey Vestry Youth Reps. David Paranchych Stephanie Bentley Isabel Williams Marilyn Pederson Kathy Smith

### Staff

The Right Rev. Greg Rickel, Bishop of the Diocese of Olympia

The Rev. Lex Breckinridge, Rector The Rev. Sarah Butler Ginolfi, Senior Associate Priest

The Rev. Stephen W. Best, Associate for Couples & Family Life

Doug Cleveland, Director of Music & Liturgical Arts

Tim Blok, Director of Youth Choirs Sunni Bannon, Interim Associate for Pastoral Care

Ashley Boaeuf, Associate for Youth Lisalynn Reed, Godly Play Coordinator Kathleen Higgins, Kids' Club Coordinator Maria Pineda, Childcare Provider Carey Sheffield, Director, Community Connections

Doug Anderson, Day Porter Greg Murray, Chief Operating Officer Natalie Ham, Executive Assistant to the Rector

### The Collect

Natalie Ham, Layout and Production Editor

Deadline: For the October issue, please submit all articles by September 16. Please submit copy to office@stthomasmedina.org. All articles will be edited. Questions? Please call Natalie at 425-454-9541.

### UPCOMING EVENTS

OCTOBER 13 - Boathouse Ball

 ${f November~3}$  - Chamber Concert: The Morsel Trio

**NOVEMBER 18** - Ingathering Feast

**DECEMBER 24** - Christmas Eve

**DECEMBER 25** - Christmas Day

MARK YOUR ! CALENDAR! **DECEMBER 31** - New Year's Eve Concert & Reception

JANUARY 5 - Fourth Annual Twelfth Night Celebration

### **OUTREACH OPPORTUNITIES**

#### THE SOPHIA WAY

Please consider joining the team that provides lunch on the 4th Thursday of each month. Minimal time/\$ commitment but maximum impact for the ladies and for your fellow parishioners. For inquiry please call Beth Zobel at 425-503-4036 or email at ewzobel@comcast.net

### **NEIGHBORS IN NEED**

Once a month, the Neighbors in Need crew gathers in the kitchen to assemble bags filled with donated food, socks, water, and other basic necessities for those in need. For more information and a list of needed supplies, contact Claude Rogers at 425-641-1350 or clauder37@gmail.com

### SANDWICH MAKERS

On Wednesday, September 19 at 9:00 am, all are welcome to join the St. Thomas crew and lend a hand in the kitchen. Every month we make sandwiches for the hungry people in need. Contact: Nancy Nelson, 425-885-1657 or nancy@jnelson.net



SEPTEMBER 2018

# COMMUNITY ANNOUNCEMENTS

# A MESSAGE FROM YOUR LIBRARIAN

Many of you responded to the call to donate books to the library. On the upper shelf of the trolley there are now 27 books added to the collection and ready for checking out. The shelf below has 15 books that are duplicates or unsuitable; these books are looking for a good home or will be taken to Bellevue Lifespring or Goodwill. We'll leave the books on the trolley for a few more weeks before shelving or disposing.

We're also making progress on reducing the number of outstanding overdue books. Thanks to all who have helped. As of the end of August, the total number of significantly overdue books (those to be returned in 2017 or earlier years) is down from about 50 in June to 14. We've sent polite reminders to the patrons who are on record as having these books; if the books can't be found, just let us know and we'll delete them from the collection.

If you have any questions or suggestions, please contact me at rwaldmann1@mac.com.

# PALESTINIAN OLIVE OIL SALE

# Sunday, September 16 after the 8:00 and 10:30 services

A bottle of olive oil makes a thoughtful gift.

Come early, as our supply quickly runs out. These popular certified, organic extra-virgin oils will be available after the 8:00 and 10:30 services. We will have both the *Nabali* and *Rumi* oils in 500 ml bottles. Distributed by the Canaan Fair Trade cooperative, our purchase of these quality products contributes to the economic empowerment of small Palestinian olive growers who are struggling to preserve their traditional lands and way of life in the West Bank. Profits go to help support our two companions in the Diocese of Jerusalem—the evangelical daycare in Ramallah and the Arab Episcopal School for the blind in Irbid, Jordan.

Nabali oil (described as *fruity* and *buttery*) comes from the native tree of Palestine and is harvested from family orchards. *Rumi* oil comes from 700-1500 year-old trees that have been cultivated in Palestine since the Roman Empire and are the species found in the Garden of Gethsemane. *Rumi* has a fruity but slightly more spicy flavor. (Samples will be available at the sale.) Both oils come from olives that are hand-picked and sustainably farmed on ancient stone terraces.

### ST. PLACID PRIORY

To register for a program or retreat, go to www.stplacid.org.

### **Introduction to Centering Prayer**

Saturday, September 8 from 9:00 am to 3:00 pm

Sourced from the depths of Christian contemplative tradition, Centering Prayer has emerged as a life-changing practice for those who embrace it. Learn the method or renew your practice of this ancient way of silent prayer. Our day-long format offers a relaxed way to hear the basics, practice, and ask questions. Register by prior Friday, fee is \$55. Bring a sack lunch.

### The Fourfold Path towards Forgiveness

Saturday, September 15 from 9:00 am to 3:00 pm

We are all told about the importance of forgiveness in our lives, but not how to forgive. This program will focus on the fourfold path described by Desmond Tutu. Participants will learn through discussion and exercises how to use this approach in situations such as forgiving self and others, and seeking forgiveness from others. This gentle path helps us look inside of ourselves and at our world with compassion and hope. Register by prior Friday, fee is \$65. Bring a sack lunch & journal or notebook.

### The History of the Kingdom of God

Saturday, September 22 from 9:00 am to 3:00 pm

A consideration of sacred or salvation history from a Christian perspective and how our understanding of it shapes our lives and work. Utilizing materials and presentations from the Catechesis of the Good Shepherd and drawing on the writings of Sofia Cavaletti, scripture scholar and catechist, will aid in adult reflection on the themes of Creation, Redemption, and Parousia. Register by prior Friday, fee is \$55. Bring a sack lunch.

### Sisters in Rain

Saturday, September 29 from 9:00 am to 3:00 pm

Engaging in poetry and reflective readings, we will explore feminine empowerment rising out of the spirituality of sisterhood in family, unbreakable friendships, community, and the arc of the human story. Poems will be shared emodying various media. We will have a time for writing, creating art and presenting our creations. Register by prior Friday, fee is \$65. Bring a sack lunch, a photograph, and your stories of sisterhood.

# ADOPT @ ST. THOMAS

This is a support group for foster or adopted parents and grandparents. Our next meeting will be **Sunday, September 23** from 5:00 pm to 7:00 pm in the Great Hall. Bring a potluck dish or beverage to share. If you have any questions please contact Laurie Angelo at jlcangelo@frontier.com

# MUSIC @ ST. THOMAS

Starting this fall, Music @ St. Thomas now includes chamber music! The series will feature local and international artists performing music from across history, from Bach to now. Each concert will be in the beautiful spaces of the St. Thomas Church or Chapel, with a chance to meet the artists following the performance. All proceeds support Music @ St. Thomas. Here's a sneak peak of some of the amazing performances we have lined up:



Voice & Guitar Alexandra Picard & Michael Nicolella Saturday, September 22 at 7:30 pm in the Chapel



The Morsel Trio & Friends with Natalie Ham, flute and Luke Fitzpatrick, violin Saturday, November 3 at 7:30 pm in the Church



Concert on the Metzler: Johann Vexo Choir Organist at the Cathedral of Notre Dame Sunday, November 11 at 4:00 pm in the Church Tickets are \$20 at the door. Veterans are free.





Natalie Ham & Laure Struber

In Concert

Saturday, March 2 at 7:30 pm in the Church



All Bach: The Complete Violin Sonatas

With a pre-concert talk on J.S. Bach and Faith given by Natalie Ham

Saturday, March 30, 2019

Pre-Concert Talk at 6:30 pm; Concert at 7:30 pm in the Church

SEPTEMBER 2018 11



Sunday, September 9, 12pm

# MINISTRIES AND FELLOWSHIP GROUPS' OPEN HOUSE

Food truck, bubbles, face-painting & more!



PO Box 124 | Medina, Washington 98039-0124

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