

SERVICES

SUNDAY

8:00 am	Eucharist with hymns
9:00 am	Fellowship
9:15 am	Education for Adults, Youth, and Children's Service Team
10:15 am	Education for Children
10:30 am	Choral Eucharist
11:45 am	Fellowship

MONDAY AND SATURDAY

9:00 am	Centering Prayer, Chapel
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MUSIC REHEARSALS

CHORISTERS

Tuesdays, 4:30–5:30 pm

SCHOLA CANTORUM

Tuesdays, 5:45–7:00 pm

ST. THOMAS CHOIR

Thursdays, 7:15 pm

Sundays, 9:30 am

CALENDAR

MAY 27

5:00 pm, Middle School Youth Group,
Hayes Youth Center

MAY 27

5:00 pm, Adopt @ St. Thomas, *Great Hall*

MAY 28

Memorial Day

MAY 29

10:45 am, Bible Class, *Del Bene Family
Library*

JUNE 22-23

10:45 am, Bible Class, *Del Bene Family
Library*

THE COLLECT

May/June 2018

St. Thomas Episcopal Church • P. O. Box 124 • Medina, WA 98039
425.454.9541 • www.stthomasmedina.org

FROM THE RECTOR

By The Rev. Lex Breckinridge

Thus the heavens and the earth were finished, and all their multitude, And on the seventh day God finished the work that he had done, and he rested on the seventh day from all the work that he had done. So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation. - Genesis 2:1-3

The seventh day. We call it the Sabbath Day. God works and works hard, for six days creating the entire universe and everything in it, and then on the seventh day, God decides to take a break. “God rested from all the work he had done. And God blessed the seventh day and hallowed it.” Now you remember what had come before. God had separated the water from the dry land and called that good. God had caused the earth to bear fruit and vegetables and plants and called that good. God created the sun and the moon and the stars and called that good. God created the fish in the sea, the birds in the air, the animals to roam the forests and the plains and called that good. And then God made human beings in God’s own image and called that very good. And then God rested and called that good too.

The point of rehearsing all of this is to see from God’s perspective, rest, that refreshment, that renewal, is just as much a part of the Created order as the sun and the moon, the day and the night, the birds of the air or the fish in the sea, or, for that matter, you and me. It seems that rest, renewal, refreshment is woven into the very fabric of Creation. This seventh day of rest was said by God to be so essential to human flourishing that God delivered it to Moses on Mt. Sinai as the Fourth Commandment: “Remember the Sabbath Day and keep it Holy.”

Why am I going on and on about this? Well, sabbath is the root word for sabbatical. A sabbatical is a time of rest and refreshment and renewal. And as you probably already know, Zonnie and I will be on a sabbatical until August. We will unplug. We will get off the grid.

St. Thomas has received a grant from Eli Lilly Clergy Renewal Program to fund this sabbatical. The Lilly foundation describes the purpose of these grants this way:

“...(the grants) seek to strengthen Christian congregations by providing opportunities for pastors to step away briefly from the persistent obligations of daily parish life and to engage in a period of renewal and reflection. Renewal periods are not vacations but times for intentional exploration and reflection, For regaining the enthusiasm and creativity for ministering, for discovering what will make the pastor’s heart sing.” The way Lilly looks at it, and it’s sure the way I look at it, the sabbatical is a benefit both to the pastor and to the congregation. I’m going to get away completely. Un-plug as I said a moment ago. Set new perspectives and experiences. And return refreshed and renewed and ready for our next chapter together. The community which, while I’m away, is going to be on its own journey of exploration. How do we live and move and work together when the Rector isn’t here? Well, first, there’s great clergy leadership here already. I’ve said many times that Steve Best is as fine a colleague as I could imagine. He’s a wise

[continued on page 2]

FROM THE RECTOR

[continued from page 1]

and steady hand and about the most loving pastor I know.

And you will come to love Joan Anthony. She's also a very fine pastor and in her many years of ministry and her service as Cannon to the Ordinary, under Bishop Rickels, There's nothing in parish life she hasn't seen. Our multi-talented staff led by COO Greg Murray will continue to function at its customary high level. And St. Thomas is gifted with extraordinary lay leadership. Our vestry, led by Senior Warden Michael Greenburg and Junior Warden David Paranchych, represents a broad spectrum of our community and has a depth of professional and volunteer experience that serve all of us so well. Zonnie and I are going away knowing that our beloved St. Thomas is in great hands and will continue to thrive while we are gone.

And what is it exactly that we are doing? Well, we're going to go for a walk. A long walk or walks I should say. We will be hiking the Amalfi Coast in Southern Italy and then the hills of Umbria just north of Rome. We will travel to Portugal to explore the Douro Valley and then set out from the city of Porto and walk over 650 miles along the South Atlantic coast to the Spanish city of Santiago de Compostela, this ancient pilgrimage route to the Cathedral in Santiago where the remains of St. James are laid to rest has been walked by hundreds of thousands of pilgrims for centuries. Like lots of things in life, while the destination is certainly important, the journey itself, the pilgrimage itself, is often where the transformation happens.

And the transformative experience often involves other pilgrims. Strangers you unexpectedly meet along the way. If you haven't seen the film "The Way" starring Martin Sheen I highly recommend it. It's the story of a father taking up the Couriers Pilgrimage -of his son who had unexpectedly died, and carrying his son's ashes to Santiago and then on to the sea. Along the way, the father falls in with a motley group of fellow pilgrims and they wind up

changing each other's lives.

And of course this morning we read another story about pilgrims who have a chance encounter with a stranger who changes their lives. Two dusty travelers setting out from Jerusalem to the little town of Emmaus seven miles distant, discussing with each other the completely unbelievable news they've just heard that their executed leader has been seen alive by some of the women in their group.

And then seemingly out of the blue, a stranger appears by their side. The don't recognize him and they fall into deep conversation with him. It's not until the end of the day's journey, as they sit down to a meal with the stranger and he breaks the bread that they recognize who it has been all along. Jesus himself, alive and loose in the world. Not all the evil in the world, it seems, could contain him.

So I wonder who Zonnie and I will meet as we walk along the roads and trails and paths of our pilgrimage? What stranger might we run into for a few minutes or an hour or an afternoon? I know what I hope. I know what I want and want with all my heart.

See you in August.

Amen



LORD, HEAR OUR PRAYER

The Power of Prayer at St. Thomas Church

Everyone is welcome to join the St. Thomas "virtual" Prayer Circle. This group receives praises and prayer requests from St. Thomas via email once or twice a week. Participation is simple: read the prayer requests and hold the members of your community in prayer. To join, send a request to prayer@stthomasmolina.org or contact a member of the church staff and ask to be added to the Prayer Circle.

Are you facing a challenge or want to share a thanksgiving? Let your church pray for you! Send your prayer request to prayer@stthomasmolina.org so that members of the St. Thomas Prayer Circle can offer prayers on your behalf.

To have a name included in the Prayers of the People during worship each week, contact the Rev. Steve Best at steve@stthomasmolina.org with the name of the individual in need of comfort and healing or with the name of a recently deceased family member or friend.

Almighty God, who has promised to hear the cries of all who ask in the name of Jesus, we pray for your listening mercies as we offer our prayers and praises to you. Grant us what we need, according to your will and to your glory. Through Jesus Christ our Lord. Amen.

THE CHURCH
OFFICE WILL BE
CLOSED

MONDAY, MAY 28
FOR MEMORIAL DAY

We will resume
normal office hours on
Tuesday, May 29.

WE BELONG TO EACH OTHER

Almighty and everliving God, ruler of all things in heaven and on earth, hear our prayers for this parish family. Strengthen the faithful, arouse the careless, and restore the penitent. Grant us all things necessary for our common life, and bring us all to be of one heart and mind within your holy Church; through Jesus Christ our Lord. Amen.

— A Prayer for the Parish,
Book of Common Prayer, page 817

I have been standing up during the Announcement segment of our Sunday services and inviting each of us to look around and see who is missing and, when possible, to “be the church” to our fellow parishioners. I’ve tried to explain that this outreach should be done in a way that is mostly comfortable for the one initiating the contact. (I do realize this is an Episcopal congregation in the PNW, so asking folks to reach out to each other is already pushing many of us outside our comfort zone.) However, be encouraged that caring for one another tends to bless all involved! It can be done simply, using whatever means of communication is easiest. If you notice that a friend or acquaintance from church has been missing, or you feel a sense of gratitude or care for someone

(in my experience, this is often a nudge from the Spirit,) I encourage you to send an email, place a phone call, schedule a visit, send a text, or put a card in the mail.

Over the next few weeks and months I will be offering information and suggestions about additional ways we can “be the church” both to each other and in the world. One simple but foundational way to care for each other is to hold each other in prayer.

- Each week on the back of the Wrapper that surrounds our Order of Worship are the names of individuals in need of prayer. Take it home with you each Sunday and put it somewhere you will see it often. Pausing in our busy lives for the minute or two it takes to read each name and simply hold them up to God will transform the way we connect with one another.
- St. Thomas has a prayer network that operates via email. Anyone is welcome (and encouraged) to join the list by sending a request to join to prayer@stthomasmedina.org or by contacting a member of the church staff and asking to be added. Reading the prayer requests that come to the list will broaden your

heart for your fellow Christians.

- Prayers are powerful when offered for others, but also when we allow ourselves to receive! Please let your church pray for you. If you are facing a challenge or want to share a thanksgiving, send a prayer request to prayer@stthomasmedina.org so that members of St. Thomas church can offer prayers on your behalf. To be included in the prayers of the people during worship each week, contact the Rev. Steve Best at steve@stthomasmedina.org with the name/s of the individuals in need of comfort and healing or with the name of a recently deceased family member or friend.

What a warm, welcoming and loving community we have here at St. Thomas – it truly is a special place! Thank you for all you do to care for one another. I look forward to continuing to grow in faith alongside each one of you as we seek and serve Christ together.

— Sunni Bannon
Interim Associate for Pastoral Care
sunni@stthomasmedina.org



COMMUNITY ANNOUNCEMENTS

A MESSAGE FROM YOUR NEW LIBRARIAN

One of our blessings at St. Thomas is a well-stocked library in the Ebsworth Life Center. This library has over 2,500 books available for borrowing. The collection is particularly strong in religious, spiritual, and historical books; it also contains adult and young adult novels, biblical study references, biographies, art books, and children's books. If you are looking for a particular book, you can use the computer to search and locate—just follow the directions posted next to the computer. Check-out is easy: fill out the card with your information and leave it in the red box in the first book case.

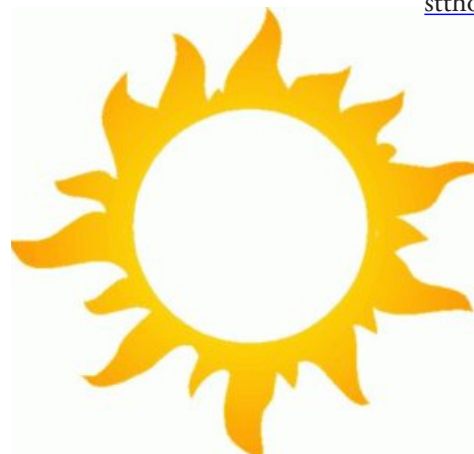
Next to the red box there is also a white binder labeled "Checked Out and Overdue Books" which has a printout from the library computer system. This list is arranged by borrower so you can easily see which books you have checked out. Over 50 books are in circulation and, of these, 40 are considered "overdue" being out for at least three months.

Please return those books you are no longer reading. We'd like to reduce the number of overdue books, as well as identify those lost or loaned to others. Consult the white binder if you are uncertain which books are checked out in your name. If we need to treat the book as lost, returned, or in someone else's possession, make a note next to your name in the white binder. Questions? Email Ray Waldmann at rwaldmann1@mac.com.

HOW TO BOIL WATER

Last summer, while waiting in the ferry line on Guemes Island, a friend of a Robin and Gerda Middleton noticed a table of free books and decided to take a look. Among the books was a 1950s cookbook entitled "How to Boil Water and Other Recipes". The first pages of the book included a delightful introduction by Dr. Vall-Spinosa and a description: A collection of recipes compiled by Saint Martha's Guild of St. Thomas Episcopal Church from recipes contributed by the Churchwomen of Saint Thomas and their friends. The cookbook was quickly scooped up and passed to the Middletons, who have brought this treasure back to St. Thomas.

The Altar Guild has reproduced the cookbook and will sell \$10 copies of *How to Boil Water* to support their ministry. The cookbook is available in the office for purchase. Contact Natalie Ham at 425-454-9541 or office@stthomasmedina.org to purchase.



CONCERT AT ST. MARK'S CATHEDRAL

Opening concert for
Symposium: Celebrating Dr. Carole Terry

Friday, May 25 at 7:30 pm

On Friday, May 25 at 7:30 pm, St. Mark's Cathedral is hosting the opening concert on the Flentrop organ for *Symposium: Celebrating Dr. Carole Terry*, a three-day event honoring the remarkable, inspiring, beloved friend and renowned organist, Dr. Carole Terry. This concert features Dr. Kimberly Marshall, Joseph Adam, Robert Huw Morgan, and Rose Whitmore.

The theme of the Symposium is "Women in Music," a subject that will be explored by Dr. Kimberly Marshall in her keynote speech on **Saturday, May 26**. The entire weekend is packed with performances and lectures, featuring many notable artists and scholars from the Seattle area and abroad.

This event is sponsored by the American Guild of Organists - Seattle Chapter, in partnership with Epiphany Parish of Seattle and St. Mark's Cathedral. For a full schedule, list of artists, locations, and more information, visit www.agoseattle.com. Questions? Email Natalie at office@stthomasmedina.org.

SUMMER SIGN-UPS

VBC 2018 REGISTRATION

July 30 - August 3

Peace Lab: Discover God's Way of Peace

VBC at St. Thomas is a place for children from age 4 through entering 5th grade to experience God's love in a safe and welcoming environment. Activities include: crafts, bible story telling, games, chapel, and music. Please join us July 30 - August 3 as we experience God's message of love for all of us! Then bring your whole family to St. Thomas at 10:30 am on VBC Sunday, August 5, when we will celebrate with VBC campers and St. Thomas parishioners.

Registration fee is \$50 and \$30 for each additional sibling. Register early! Our camp fills up quickly each year. Register and pay online at www.stthomasmedina.org/vbc, or pick up a brochure in the Ebsworth Life Center at either reception desk.

UNDERHILL HOUSE LISTENER TRAINING

Underhill House, a quiet place to pause for prayer, is offering its next Listener training on Wednesday, June 13 from 12:00pm-2:30pm. Come consider whether you'd like to greet, listen and pray with our guests once or twice a month, Wednesdays or Thursdays on Capitol Hill near Broadway and Republican. Come and discern — no commitment necessary to attend training. If you have questions or would like to sign up, please contact Susan Dean at susan@underhillhouse.org. To learn more please visit our web site at www.underhillhouse.org/partners.



MEN'S RETREAT COMING IN JUNE

In the tradition of the story-teller we will gather to hear the story of a man whose brother is dying, the dialogue between them, and the opportunities for increased intimacy, meaning, and transformation that comes with tackling the big life questions that we so often avoid. And in that process, we discover new life and grace we had not yet recognized.

- 9:00 am -- 3:00 pm on Saturday June 16th at St. Thomas Church
- Tom Cashman will be our facilitator
- Lunch will be provided

For more information or to RSVP, please contact Larry Loranger at llorang3@comcast.net.

ST. PLACID PRIORY

Summer Programs

God the Artist: We the Co-Creators

Saturday July 7, 9:00am - 3:30pm

God is the artist of our soul. This retreat will stimulate our creative souls. We will focus on our Potter God, using clay materials. We will meet at The Priory Spirituality Center and drive to Walter and Renata Siegl's clay studio in Shelton. They will aid us with our creations. All of us are artists, so come to play and pray! The pieces will be glazed by Walter and Renata and you may pick them up at The Priory Spirituality Center after they are glazed.

Register by prior Friday: \$60 + \$15 glazing. Bring a sack lunch. (Minimum 5, Maximum 10)

Iconography Workshop and Retreat

Sunday August 26, 3:30pm – Thursday August 30, 3:30pm

Fr. Damian will introduce participants to the history, spirituality and techniques of traditional Byzantine Iconography. Each student will be provided with all the materials and supplies to complete an icon in the egg-tempera method, using all natural pigments and 23K Gold leafing. While no previous art experience is necessary, more accomplished iconographers are welcome.

Register by Friday, August 4: \$700 includes all materials, lodging and meals

Minimum: 8, Maximum: 12

Youth@ ST. THOMAS

MAY

05/13 (12-1 PM): Youth Coffee Hour Fundraiser!

05/18 (Evening—Time TBD): Avengers Movie Night!

05/20 (6-8 PM): High School Youth Group

05/27 (5-7 PM): Middle School Youth Group

05/28—06/01 (3-5:30 PM): Study Hall
Youth Room Open, Snacks Provided

JUNE-AUGUST

06/22—23: Lock-In/End of Year Party!

06/30: Nut-Free Mariners Game

07/14—19 High School Pilgrimage (Rising 10th and Up)

07/22—27: Portland Mission Trip (Rising 7th and Up)

07/30—8/3: Vacation Bible Camp

08/19: Waterpark! (Incoming 6th Graders welcome!)

08/26: Youth Kick-Off Event (ALL youth and families are welcome!)



Beginning on May 13th, Youth @ St. Thomas present “Second Sundays”, a once-a-month coffee hour fundraiser, in which we will open up the espresso machine and whip up the best fancy coffee drinks this side of Lake Washington! Come get your latte fix while supporting the Youth at St. Thomas!

Alumni Spotlight!



Thomas Eggenberger '17
California Polytechnic 2021
San Luis Obispo, CA



What's your course of study?

I am studying Mechanical engineering with an intended concentration of Manufacturing

What's been your favorite part of college so far?

The best part of college so far has been all of the wonderful people that I have met in my classes and on the Cal Poly swim team. I have so many close friends and it is hard to believe that before I came to Cal Poly that I knew none of them.

What is one of your favorite memories from your time as a youth at St. Thomas?

Some of my favorite memories at St. Thomas were being confirmed at St. Mark's, Serving as an MC at the 8 o'clock service, and all the fun, and serious, times I had with the youth group. I'll never forget playing hide and seek in the old great hall!

In what ways does your time at St. Thomas continue to influence you today?

I feel that my college experience has been fairly smooth sailing. This is mostly due to my knowledge that, through Christ, all things are possible, so no matter what hardships I encounter here at University, I know that Christ is with me every step of the way. Through many hard swim practices and late nights struggling through homework, I know that Jesus is by my side throughout all of it encouraging me to try my hardest and to remember how blessed I am to have such great opportunities.

ST. THOMAS EPISCOPAL CHURCH

Vestry

Michael Greenberg, *Senior Warden*
David Paranchych, *Junior Warden*
Fred Barkman, *Treasurer*
Andrea Sato-Borgmann, *Chancellor*
Pat Hughes, *Clerk*
Amy Lorimer, *St. Thomas School Rep.*

<i>Class of 2019</i>	<i>Class of 2021</i>
Anne Bentley	Mike Allert
Jim Hughes	Trish Evison
Mark Nelson	Bonnie Grant
<i>Class of 2020</i>	Fred McConkey
Yvonne Lamey	<i>Vestry Youth Reps.</i>
David Paranchych	Stephanie Bentley
Marilyn Pederson	Isabel Williams
Kathy Smith	

Staff

The Right Rev. Greg Rickel,
Bishop of the Diocese of Olympia
The Rev. Lex Breckinridge, *Rector*
The Rev. Stephen W. Best, *Associate for
Couples & Family Life*
The Rev. Joan Anthony, *Interim Senior
Associate Priest*
Doug Cleveland, *Director of Music &
Liturgical Arts*
Tim Blok, *Director of Youth Choirs*
Sunni Bannon, *Interim Associate for
Pastoral Care*
Ashley Boaeuf, *Associate for Youth*
Lisalynn Reed, *Godly Play Coordinator*
Kathleen Higgins, *Kids' Club Coordinator*
Maria Pineda, *Childcare Provider*
Carey Sheffield, *Director, Community
Connections*
Doug Anderson, *Day Porter*
Greg Murray, *Chief Operating Officer*
Natalie Ham, *Executive Assistant to the Rector*

The Collect

Natalie Ham, *Layout and Production Editor*

Deadline: For the **July** issue, please submit all articles by **June 16**. Please submit copy to office@stthomasmedina.org. All articles will be edited. Questions? Please call Natalie at 425-454-9541.

UPCOMING EVENTS

JULY 30 - AUGUST 3 - Vacation Bible Camp

AUGUST 19 - Mass on the Grass

SEPTEMBER 9 - Homecoming Fair

OCTOBER 13 - Boathouse Ball

NOVEMBER 18 - Ingathering Feast

DECEMBER 24 - Christmas Eve

DECEMBER 25 - Christmas Day

DECEMBER 31 - New Year's Eve Concert & Reception

JANUARY 5 - Fourth Annual Twelfth Night Celebration

MARK YOUR
CALENDAR!

OUTREACH OPPORTUNITIES

THE SOPHIA WAY

Please consider joining the team that provides lunch on the 4th Thursday of each month. Minimal time/\$ commitment but maximum impact for the ladies and for your fellow parishioners. For inquiry please call Beth Zobel at 425-503-4036 or email at ewzobel@comcast.net

NEIGHBORS IN NEED

Once a month, the Neighbors in Need crew gathers in the kitchen to assemble bags filled with donated food, socks, water, and other basic necessities for those in need. For more information and a list of needed supplies, contact Claude Rogers at 425-641-1350 or clauder37@gmail.com

SANDWICH MAKERS

On the **third Wednesday of every month**, all are welcome to join the St. Thomas crew and lend a hand in the kitchen. Every month we make sandwiches for the hungry people in need. Contact: Nancy Nelson, 425-885-1657 or nancy@jnelson.net



PERSONNEL PROFILE

Enjoy this second installment in a series of interviews featuring the staff and clergy of St. Thomas. Our hope is to illuminate the work we do, especially when it happens behind the scenes, and deepen our connection with all of you.

NATALIE HAM, *Executive Assistant to the Rector*

Q: When did you start working at St. Thomas?

A: I started my job at St. Thomas on August 15, 2017.

Q: What's your professional background?

A: My professional background is in music. My mother started teaching me piano when I was just 3 years old, which means that I've been reading music longer than English words! So in that sense, music is my first language. My mom also encouraged me to play the violin and flute as I grew up, but ultimately the flute became my primary instrument. I went on to receive my Bachelor of Music from the Eastman School of Music and my Master of Music from the University of Washington. I'm now in the dissertation phase of my Doctorate in Music at UW. All three degrees are in Flute Performance. I now travel around the country teaching and performing, and I do quite a bit of performing around Seattle. Music is a passion of mine!



Natalie (right) and her sister Bethany (left)

Q: How did you come to St. Thomas?

A: Though I didn't grow up in a liturgical church, a few years ago I felt drawn to experience liturgy. A friend of mine invited me to visit St. Mark's Cathedral for a Eucharist, since I had been there several times for their Compline service. That was the first time that I experienced Holy Eucharist in an Episcopal Church and it was so powerful that I cried on my way back to my seat. I've loved the Episcopal Church ever since, and I jumped at the opportunity to work at St. Thomas as soon as I saw the job listing.

Q: What does your position entail?

A: Where do I start? I assist Lex (and right now, Joan) with projects, and as the administrator, I'm involved



in almost everything! I keep Church records and the main event calendar plus I maintain most of the supplies our church needs to operate day-to-day. I manage a large part of our Church communications, including worship bulletins, the monthly Collect, the weekly email blast, and announcements. I support all clergy, staff and volunteers in producing Church-wide events, programs and projects. My office is a central hub of church activities. I'm in the office Monday through Friday, so if you call in, it will likely be my voice you hear on the phone. If I don't know the answer, I know who does.

Q: What do you love about your work?

A: What I love most about this job is the people who walk through my door. Each person who walks in, whether they be clergy, staff, volunteers, parishioners, or newcomers, enriches my life with their stories, experiences, and wisdom. I have formed deep friendships in my brief time being here and I feel incredibly blessed. If you have not stopped by my office yet, please do. I keep a candy bowl and hot tea available so I am always ready for visitors.

Q: What is most challenging about your work?

A: It gets busy 'round here! Each day brings something new, and sometimes those 'somethings' come all at once. The biggest challenge for me is to accept that there are a limited number of hours in the day. What I've learned is that 'to-do' lists and self-care help me get everything done and have fun doing it! I am also blessed to be part of such a supportive staff. Each member is willing to jump up to help if needed. It's a fun and healthy place to work.

Q: How would you describe St. Thomas Church?

A: St. Thomas is full of real people with a deep faith in Christ. I have felt welcomed, loved and supported here. This is a safe place to be human, with all the beauty and messiness that comes with our humanity. Each day here, whether it be in the office or in church, brings moments from all stages of life, and it's been an honor for me to see how this community loves and supports each other.



A GREAT YEAR FOR OUR WOMEN'S GROUP AND MORE FUN TO COME!

A year ago a small group of women banded together to form the Women's Group Leadership Team. Their mission was to join the women of St. Thomas together in sisterhood, growing spiritually and being instruments of God's love in our church community. The initial leadership team consisted of Sheila Miller, Terry Pickering, Kate Rogers, Katie Greenberg, Marlena Love and Valerie Wang.

This group set about planning a variety of monthly activities and gatherings to foster our mission which attracted more women of the parish. Together, we cooked meals for Congregations for the Homeless in July and prepared food for Sophia Way. We joined in exploring our individual spiritual gifts and discovered ways to apply them in our faith community. We were introduced to the practice of centering prayer. We explored the story of Martha and Mary and how we relate to it.

December brought a wonderful 1-day advent retreat, led by Mother

Elizabeth Appling and attended by 20 women. The retreat was a great spiritual respite and reflection during the hectic holidays. Post-holidays, 18 of us gathered at St. Andrews' retreat house on Hood Canal for a weekend retreat, again with Mother Elizabeth Appling. Over 2 days, we formed lasting friendships, explored and discussed God's feminine side and our own spirituality, culminating in a very personal and moving mass on Sunday morning. There was ample quiet time, as well, for contemplation, walks on the beautiful grounds and along the canal, crafts and reading. We all came away inspired, rested, refreshed and filled with happy memories.

Looking ahead to the next year, we are already planning a variety of events for the women of the parish, beginning with cooking together for the homeless men from Congregations for the Homeless who join us at St. Thomas in July. In September, we're planning to enjoy a potluck and get to know our

new associate pastor. Later in the fall, we'll explore our spiritual gifts and their applications more fully, and then spend a 2-day get-away retreat in January. We'll also have an art night where we can express our own artistic gifts and other monthly activities yet to be planned.

This month three women leave the leadership team with our thanks: Kate Rogers, Marlena Love and Terry Pickering. Joining the team are Jackie Livingston, Pat Hughes, Laura Burgess and Mary Waldmann along with returning members Sheila Miller, Valerie Wang and Katie Greenberg.

The Women's Group is open to all women of St. Thomas and we'd love to have your participation. If you have questions or suggestions, please let us know—just call or e-mail one of the members of the leadership team. We look forward to seeing you at our gatherings.



June 2018 @ St. Thomas

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 9:00a Altar Guild 9:00a Centering Prayer
3 8:00a Holy Eucharist 9:15a Education for All 10:30a Holy Eucharist 11:45a Design Review Meeting	4 9:00a Centering Prayer	5	6	7	8 7:00p AA	9 9:00a Altar Guild 9:00a Centering Prayer
10 8:00a Holy Eucharist 9:15a Education for All 10:30a Holy Eucharist	7:00p AA 11 9:00a Centering Prayer	7:30p Boy Scouts 12	13	7:15p Choir 14	7:00p AA 15	16 9:00a Altar Guild 9:00a Centering Prayer 9:00a Men's Reflection Day
17 Fathers' Day 8:00a Holy Eucharist 9:15a Education for All 10:30a Holy Eucharist	18 9:00a Centering Prayer	7:30p Boy Scouts 19	20 9:00a Sandwich Makers	21	7:00p AA 22	23 9:00a Altar Guild 9:00a Centering Prayer
6:00p HS Youth Group 24 8:00a Holy Eucharist 9:15a Education for All 10:30a Holy Eucharist 5:00p MS Youth Group	7:00p AA 25 9:00a Centering Prayer	7:30p Boy Scouts 26	28		7:00p AA	
<p>These are just some of the events happening on the St. Thomas campus this month. To schedule meetings or other activities, please call or email the church office • 425-454-9541 • office@stthomasmedina.org</p> <p>Church Office Hours: Monday through Friday, 8:30 am to 4:30 pm</p>						

Vacation Bible Camp
@
ST. THOMAS

Join Us in 2018!
Jul 30 - Aug 3



ST. THOMAS
EPISCOPAL CHURCH

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